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<b>Physical Development (Health)</b>				
<b>Practice Healthy Behaviors</b>				
<b>Show independence in personal care routines</b>				
<b>Participate in daily physical activity</b>				
<b>Exhibit body strength and endurance</b>				
Infant	Cry or fuss when hungry, tired, or need a diaper change	Social-Communication	A. Early Social Communication	3.2 Vocalizes to another person expressing negative affective state
	Bat at objects, kick, and roll over	Fine Motor	A. Reach, Grasp, and Release	1.2 Makes directed movements with arms
		Gross Motor	A. Body Control and Weight Transfer	3. Rolls from back to stomach
	Sit with help	Gross Motor	A. Body Control and Weight Transfer	4.5 Sits balanced using hands for support
	Crawl, cruise, walk, or run	Gross Motor	B. Movement and Coordination	5.1 Runs
	Sit alone	Gross Motor	A. Body Control and Weight Transfer	4.4 Sits balanced without support
	Pull to stand	Gross Motor	B. Movement and Coordination	2.3 Pulls to standing position
Play outside	Cognitive	A. Sensory Exploration	2.1 Uses sensory means to explore people, animals, and objects	

	MO Standards	AEPS-3 Area	AEPS-3 Strand	AEPS-3 Items
Toddler	Show signs of readiness for toileting	Adaptive	B. Personal Care Routines	1.3 Indicates awareness of soiled and wet pants or diapers
	Wash their hands	Adaptive	B. Personal Care Routines	2.2 Washes and dries hands
	Like to take baths and splash in water	Social-Emotional	A. Interactions with Adults	3. Participates in familiar social routines with caregivers
	Run, climb, and ride toys with wheels	Gross Motor	B. Movement and Coordination	5.1 Runs
		Gross Motor	C. Active Play	3.4 Sits on riding toy or in wagon while in motion
	Pull and push objects	Cognitive	D. Reasoning	2. Coordinates actions with objects to achieve new outcomes
	Climb stairs or stationary objects	Gross Motor	B. Movement and Coordination	4.1 Walks up and down stairs using support
	Self-sooth to relax and sleep	Social-Emotional	B. Social-Emotional Expression and Regulation	2. Uses appropriate strategies to manage emotional states
Preschooler	Play outside	Cognitive	E. Scientific Discovery	1.2 Uses senses to explore
	Manage their toileting routine	Adaptive	B. Personal Care Routines	1. Carries out all toileting functions
	Wash and dry their hands	Adaptive	B. Personal Care Routines	2.2 Washes and dries hands
	Cover their nose and mouth when sneezing	Social-Emotional	E. Meeting Social Expectations	1. Meets observable physical needs in socially appropriate ways
	Play on or with gross motor equipment	Gross Motor	C. Active Play	2 (all)
	Engage in running, jumping, and chasing	Gross Motor	B. Movement and Coordination	5. Runs while avoiding people, furniture, or other objects
	Ride pedal toys	Gross Motor	C. Active Play	3. Rides and steers bicycle
	Climb a ladder on a slide	Gross Motor	C. Active Play	2.2 Climbs play equipment
	Climb stairs with alternating steps	Gross Motor	B. Movement and Coordination	4. Alternates feet going up and down stairs
	Tell an adult when they are tired or need to rest	Adaptive	D. Personal Safety	1. Takes independent action to alleviate distress, discomfort, and pain
Play outside	Cognitive	E. Scientific Discovery	1.2 Uses senses to explore	

MO Standards	AEPS-3 Area	AEPS-3 Strand	AEPS-3 Items	
<b>Physical Development (Safety)</b>				
<b>Practice Safe Behaviors</b>				
<b>Know and follow safety rules</b>				
<b>Recognize personal danger</b>				
<b>Know how and when to seek help from others</b>				
Infant	Cry when they need help or to communicate pain, hunger, discomfort, or fear	Social-Communication	A. Early Social Communication	3.2 Vocalizes to another person expressing negative affective state
	Respond to warnings, such as, "STOP!", "NO, NO!", and "HOT!"	Social-Communication	B. Communicative Understanding	2.2 Responds to single-word directive
	Use adult as a resource or help when feeling unsafe	Social-Emotional	A. Interactions with Adults	2.1 Initiates simple social interaction with familiar adult
Toddler	Listen to and follow directions during emergencies	Adaptive	D. Personal Safety	3.1 Responds appropriately to warnings of dangerous conditions or substances
	Respond to warnings	Adaptive	D. Personal Safety	3.1 Responds appropriately to warnings of dangerous conditions or substances
	Ask for adult support when the child feels discomfort, danger, anger, or when conflicts occur	Adaptive	D. Personal Safety	1.1 Communicates internal distress, discomfort, or pain to adult
	Use adult for a resource when feeling unsafe	Social-Emotional	B. Social-Emotional Expression and Regulation	2.2 Seeks comfort, closeness, or physical contact from familiar adult
	Shout for help	Adaptive	D. Personal Safety	1. Takes independent action to alleviate distress, discomfort, and pain











	<b>MO Standards</b>	<b>AEPS-3 Area</b>	<b>AEPS-3 Strand</b>	<b>AEPS-3 Items</b>
Preschooler	Pretend to role play various family and career roles, such as mother, father, or teacher	Social-Emotional	C. Interactions with Peers	2.1 Enacts roles or identities in imaginary play
	Act out nursery rhymes or favorite stories	Social-Emotional	C. Interactions with Peers	2. Plans and acts out recognizable event, theme, or storyline in imaginary play
	Use language to extend play, using statements, such as, "I am going to pick my baby up from school now."	Social-Emotional	C. Interactions with Peers	2.1 Enacts roles or identities in imaginary play
	Take on "roles" in play, using statements, such as, "I am the mommy and you are the daddy."	Social-Emotional	C. Interactions with Peers	2.1 Enacts roles or identities in imaginary play
	Create props for play	Cognitive	D. Reasoning	3. Solves problems using multiple strategies
	Put on a "performance"	Social-Emotional	C. Interactions with Peers	2. Plans and acts out recognizable event, theme, or storyline in imaginary play
	Listen and watch an age-appropriate play or performance	Social-Emotional	D. Independent and Group Participation	2.2 Responds appropriately to directions during large-group activities