

Age Range	IN Indicator	AEPS-3 Area	AEPS-3 Strand	AEPS-3 Items
Physical Health and Growth Early Learning Standard 4: Personal Care				
PHG4.1: Demonstrate increased independence in personal care routines				
Infant	Participate passively in dressing and undressing self	Social-Emotional	A. Interactions with Adults	3.2 Follows familiar social routines with familiar adults
	Help with self feeding	Adaptive	A. Eating and Drinking	3.2 Eats with fingers
Young Toddler	Show interest in assisting with personal body care practices	Social-Emotional	A. Interactions with Adults	3.1 Initiates next step of familiar social routine
	Show interest in assisting with dressing and undressing self	Social-Emotional	A. Interactions with Adults	3.1 Initiates next step of familiar social routine
	Able to feed self with some assistance	Adaptive	A. Eating and Drinking	3.2 Eats with fingers
	Exhibit beginning awareness of toileting needs	Adaptive	B. Personal Care Routines	1.3 Indicates awareness of soiled and wet pants or diapers
Older Toddler	Participate with adult support in personal body care practices	Adaptive	B. Personal Care Routines	3.1 Completes some steps to brush teeth, comb hair, and wipe nose
	Participate with adult support in dressing and undressing self	Adaptive	C. Dressing and Undressing	All
	Communicate toileting needs	Adaptive	B. Personal Care Routines	1.1 Indicates need to use toilet
	Able to feed self with minimal assistance	Adaptive	A. Eating and Drinking	3.1 Brings food to mouth using eating utensil
Younger Preschool	Attend to personal body care practices with reminders	Adaptive	B. Personal Care Routines	3.1 Completes some steps to brush teeth, comb hair, and wipe nose
	Independently feed self	Adaptive	A. Eating and Drinking	3. Eats with eating utensils
	Independently dress and undress self	Adaptive	C. Dressing and Undressing	2. Selects appropriate clothing and dresses self
	Independently attend to toileting needs	Adaptive	B. Personal Care Routines	1. Carries out all toileting functions
Older Preschool	Attend to personal body care practices with minimal adult support	Adaptive	B. Personal Care Routines	3. Completes all steps for personal hygiene, including brushing teeth, combing hair, and wiping nose
	Independently feed self using utensils	Adaptive	A. Eating and Drinking	3. Eats with eating utensils
	Independently dress and undress self	Adaptive	C. Dressing and Undressing	2. Selects appropriate clothing and dresses self
	Independently attend to toileting needs	Adaptive	B. Personal Care Routines	1. Carries out all toileting functions
Kindergarten	HW K-2.2.1 Identify how family and culture influence personal health practices and behaviors.	Social-Communication	D. Social Use of Language	2.2 Describes objects; people; and past, present, and future events as part of social exchange
	HW K-2.7.1 Identify character traits and behaviors of a healthy and safe person.	Cognitive	C. Conceptual Knowledge	3.1 Classifies according to function